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*Please let your server know that you want gluten free changes made to your meal when you place your order*

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| **CHICKEN WINGS** |
| No chips, salad only\* |
| **CAESAR SALAD** |
| Same as menu but with no croutons |
| **THAI BEEF SALAD** |
| Same as menu |
| **ROASTED VEG SALAD** |
| Same as menu |
| **GRILLED MORROCCAN CUTLETS** |
| Same as menu |
| **BURGERS** |
| Buns changed for Gluten Free bread, salad instead of chips on side. [excluding Barra Burger] |
| **BRAISED LAMB SHANK** |
| Same as menu |
| **GRILLED BARRAMUNDI** |
| No chips, salad only\* |
| **CRISPY SKINNED SALMON** |
| Same as menu |
| **SLOW COOKED BEEF CHEEK** |
| Same as menu |
| **ALL STEAKS** |
| No chips, salad only\* |
| **PORK RIBS** |
| No chips, slaw only\* |
| **SEAFOOD TAPAS PLATE** |
| Panko calamari is swapped for salt & pepper calamari |
| **SALT AND PEPPER CALAMARI** |
| No chips, salad only\* |

\*can upgrade to mash & veg instead for $1

\*\* Although ingredients for these meals are gluten free, please be aware that fried items are cooked in the same oil as products containing gluten